

## ABSTRACT

The present invention provides a program recording and distributing system, a program recording and distributing method, and a recording medium that stores a program recording and distributing program. A server 3 stores in a recording DB7 a plurality of program data received via either a communication line or a broadcast line from a broadcast station 120, receives distribution application data for a program broadcast from a broadcast station 120, carried out a registration process, stores this as distribution registration data in the automatic timed recording DB 6, and distributes via either a communication line 100 or the Internet 1 the program data stored in the recording DB7 based on the distribution registration data stored in the automatic times recording DB6.